

# What can I do at [myuhc.com](http://myuhc.com)<sup>®</sup>?

Find a doctor.  
Track my blood pressure.  
Find a great hospital.  
Track my weight.  
Look up my claims.  
Improve my health.  
Order my prescriptions online – and save.  
Chat with a nurse.  
Simplify my life.  
Learn about diabetes.  
Save money on services.  
Stay healthy.  
Replace my health plan ID card.  
Record my health history.  
Keep track of my family's medical history.  
Estimate costs ahead of time.  
Embrace wellness.  
See my benefits.  
Keep track of my shots.  
**And much, much more.**

It all adds up to  
**peace of mind.**



## Organize my claims

- See the status of my current claims
- Check my past claims history
- View my monthly statements
- See my whole family in one view
- Print copies for my records

## Find a doctor

- Search for a doctor or hospital in my area
- See which doctors meet stringent quality standards
- Evaluate hospitals on cost, quality and patient safety
- Find a mental health professional
- Get driving directions and print a map
- Find a doctor who treats a lot of people like me

## Get more from your health benefits with **myuhc.com**

## Get the facts

- Learn more about my coverage
- Check my current eligibility
- Look up my deductible or out-of-pocket limit

## Improve my health

- Take a complimentary online Health Assessment, with recommendations for change
- Read the most up-to-date, trustworthy healthy lifestyle advice
- Use tools, quizzes, and calculators on everything from aging well to world travel

## Use Quicken Health Expense Tracker<sup>®</sup> to:

- See a clear breakdown of every health care claim
- Access medical claims and records going back up to 18 months
- View medical information in clear language you can understand
- Get an automated Claim Assistant to check accuracy and provide guidance to resolve common issues
- Pay bills in a safe and secure environment

**Quicken** Health<sup>™</sup>  
Expense Tracker

## Get help with decisions

- Learn more about health conditions or procedures
- Connect with a nurse through live, one-to-one online Nurse Chats
- Check the facts on medications and estimate my costs
- Read up on common symptoms and what they might mean
- Explore various treatment options



### It's easy to register.

1. Visit [www.myuhc.com](http://www.myuhc.com)
2. Select **REGISTER NOW**
3. Type in the requested information
4. Get started

UnitedHealthcare  
Insurance Company

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