

JANUARY

Pre-K Menu

ANNOUNCEMENTS

Did you know?

New Year's Day traditions vary from culture to culture, but many believe foods such as collard greens, black eyed peas, pork, and grapes bring good fortune and health. So eat up for a happy belly and a happy new year!



This institution is an equal opportunity provider.

Questions or Comments?

Anabel Rubio, Director of Dining Services

Phone: 623-478-5628



Monday

Tuesday

Wednesday

Thursday

Friday



Menu is subject to change.



6

Breakfast

Whole Grain Sliced Bagel
Fresh Apple
Low Fat White Milk 1%
Cream Cheese Pouch

7

Breakfast

Cinnamon Flakes
Cereal Bowl
Fresh Orange
Low Fat White Milk 1%

8

9

Breakfast

Warm Mini Maple Pancakes
100% Orange-Pineapple Juice
Low Fat White Milk 1%

10

Breakfast

Pancake on a Sausage Stick
Applesauce Cup
Low Fat White Milk 1%

13

Breakfast

Whole Grain Blueberry Muffin
Diced Pear Cup
Low Fat White Milk 1%

14

Breakfast

Cheesy Egg & Sausage Burrito
Fresh Apple Slices
Low Fat White Milk 1%

15

16

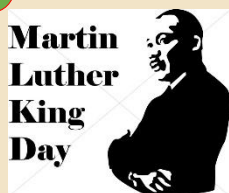
Breakfast

Fluffy Chocolate Chip Muffin
Fresh Orange
Low Fat White Milk 1%

17



20



21

Breakfast

Cinnamon Flakes
Cereal Bowl
Fresh Apple
Low Fat White Milk 1%

22

23

Breakfast

Whole Grain French Toast Sticks
Juicy Mandarin Oranges
Low Fat White Milk 1%

24

Breakfast

Mini Maple Turkey Sausage Pancake Wraps
Fresh Orange
Low Fat White Milk 1%

27

Breakfast

Whole Grain Blueberry Muffin
Chilled Peach Cup
Low Fat White Milk 1%

28

Breakfast

Cinnamon Toast Crunch Cereal
Fresh Apple
Low Fat White Milk 1%

29

30

Breakfast

Strawberry yogurt
Plain Applesauce Cup
Low Fat White Milk 1%

31

Breakfast

Cinnamon Toast Crunch Cereal
Fresh Orange
Low Fat White Milk 1%

Meal Prices: Breakfast in the Classroom: Free. Paid Lunch: \$2.50. Reduced Lunch: \$0.40 Adult Lunch: \$3.50