

SEPTEMBER

Elementary Menu

ANNOUNCEMENTS



Monthly Promotion

Come join us on September 6th for our Grandparent's Day Luncheon!

Did you know?

All grains served in the café are whole grains! Whole grains are packed with fiber to keep you full & focused in the classroom!



SFE This institution is an equal opportunity provider.

Questions or Comments?

Anabel Rubio, Director of Dining Services
Phone: 623-478-5628



Monday

Tuesday

Wednesday

Thursday

Friday

2

Breakfast
Cinnamon Bun

Lunch
Spicy Chicken Tenders W/ Roll
Chicken Alfredo W/ Roll
Ham & Cheese Wrap
Chicken Garden Salad
Crispy Tater Tots

3

Breakfast
Banana Muffin

Lunch
Popcorn Chicken W/ Roll
Spicy Chicken Tenders
Ham and Cheese Pita
Caribbean Chicken Salad W/ Crackers
Vegetarian Baked Beans

4

Breakfast
Mini Cinnamon Swirl Waffles

Lunch
Crisp Bacon Cheeseburger
Savory Turkey Hot Dog
Ham, Turkey & Cheese Wrap
Chicken Caesar Salad
Crispy Straight Cut Fries

5

Breakfast
Sausage Breakfast Pizza

Lunch
Golden Chicken Corn Dog
Creamy Macaroni & Cheese
Chilled Egg Salad Sandwich
Buffalo Chicken Salad
Seasoned Broccoli

6

Breakfast
Ultra-Power
Cocoa Donut

Lunch
Cinnamon Rolls W/ Sausage
Pancakes w/ Sausage
Fruit & Yogurt Power Pack
Sun Butter Sandwich
Hash Brown Potato Patty

9

Breakfast
Cinnamon Bun

Lunch
Spicy Chicken Tenders W/ Roll
Chicken Alfredo W/ Roll
Ham & Cheese Wrap
Chicken Garden Salad
Crispy Tater Tots

10

Breakfast
Chocolate Chip
French Toast

Lunch
Beef Tostada & Spanish Rice
Mozzarella Quesadilla
Beefy Taco Salad
Veggie Ranch Wrap
Vegetarian Refried Beans

11

Breakfast
Mini Cinnamon
Cream Cheese Bagels

Lunch
Classic Cheeseburger
Classic W.G. Coney Dog
Adobe Chicken Wrap
Fresh Cobb Salad
Seasoned Curly Fries

12

Breakfast
Mini Powdered Sugar Donuts

Lunch
Teriyaki Chicken w/ Brown Rice
Beef Dippers & Potato Bowl with Dinner Roll
Harvest Chicken Salad
Veggie Ranch Wrap
Seasoned Corn

13

Breakfast
Strawberry Mango Smoothie W/ Graham Crackers

Lunch
Pepperoni and Cheese Pizza
Mandarin Chicken Salad
Ham, Turkey & Cheese Wrap
Sweet Potato Fries

16

Breakfast
Fluffy Chocolate
Chip Muffin

Lunch
Breaded Chicken Sandwich
Spicy Chicken Sandwich
Large Crispy Chicken Salad
Large Southwest Veggie Wrap

17

Breakfast
Turkey Ham, Egg, & Cheese
Croissant

Lunch
Popcorn Chicken Potato Bowl w/ Golden W.G. Biscuit
Hot & Spicy Chicken Nuggets
Mixed Green Chicken Salad
Ham & Cheese Sub
Seasoned Broccoli

18

Breakfast
Strawberry Yogurt Tube W/ Graham Crackers

Lunch
Turkey Burger
Chunky Chili Dog
Garden Salad W/ Croutons
Chicken Teriyaki Wrap
Vegetarian Baked Beans

19

Breakfast
Mini Cinnamon
French Toast

Lunch
Chunky Chili con Carne
Cheese Stuffed Breadstick
Tuna Salad Sandwich
Fresh Harvest Salad
Corn on the Cob

20

Breakfast
Trix Cereal

Lunch
Lemon Pepper Chicken with Roll & Seasoned Brown Rice
Spaghetti Marinara W/ Meatballs
Tuna Salad W/ Greens
Chicken Salad Sandwich
Buttered Crinkle Cut Carrots

23

Breakfast
Apple Cinnamon Muffin

Lunch
French Bread Cheese Pizza
Rotini with Meatsauce & Wheat Dinner Roll
Large Chicken Caesar Salad W/ Crackers
East Coast Italian Sub
Seasoned Broccoli

24

Breakfast
Cheesy Egg & Sausage
Burrito

Lunch
Bean & Cheese Burrito
Mozzarella Quesadilla
Cobb Salad W/ Crackers
Spinach & Black Bean Wrap
Chuckwagon Pinto Beans

25

Breakfast
Golden Mini
French Toast

Lunch
Beefy Patty Melt Sandwich
Savory Turkey Hot Dog
Harvest Chicken Salad
Sun Butter Sandwich
Crispy Potato Wedges

26

Breakfast
Fudge Toaster Pastry

Lunch
Teriyaki Chicken w/ Brown Rice
Chicken Egg Roll w/Sweet & Sour Sauce
Juicy Mandarin Chicken Salad with Crackers
Veggie Ranch Wrap
Vegetable Stir Fry Blend

27

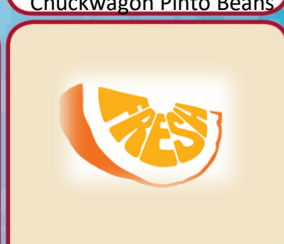
Breakfast
Blueberry Banana Smoothie
Mini Powdered Sugar Donuts

Lunch
Chicken Parmesan W/ Spaghetti
Savory Meatball Sub
Taco Salad W/ Tortilla Chips
Sun Butter & Jelly Sandwich
Buttered Crinkle Cut Carrots

30

Breakfast
Cocoa Puffs Cereal Bar

Lunch
Philly Cheesesteak w/ Cheddar Sauce
Creamy Macaroni & Cheese
Harvest Chicken Salad
Veggie Ranch Wrap



*Vegetarian Option (or vegetarian upon request)

* Fresh Fruit Selection & Reduced Sugar Cereals Available Daily at Breakfast



Meal Prices: Breakfast in the Classroom: Free. Paid Lunch: \$2.50. Reduced Lunch: \$0.40 Adult Lunch: \$3.50