



USC Caruso
Catholic Center

Fifth Sunday of Ordinary Time

Family Prayer Service

Presider: In the name of the Father and the Son and the Holy Spirit

Let us acknowledge the times which we have not been faithful to God.

Penitential Rite A

All: I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I have failed to do,
(striking your breast, say:)
through my fault, through my fault,
through my most grievous fault;
(Then continue with:)
therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.

Opening Prayer:

Presider:

Keep your family safe, O Lord, with unfailing care, that, relying solely on the hope of heavenly grace, they may be defended always by your protection. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.

All: Amen

A Reading from the Book of Job:

Job 7:1-4, 6-7

Job spoke, saying:

Is not man's life on earth a drudgery? Are not his days those of hirelings? He is a slave who longs for the shade, a hireling who waits for his wages. So I have been assigned months of misery, and troubled nights have been allotted to me. If in bed I say, "When shall I arise?" then the night drags on; I am filled with restlessness until the dawn. My days are swifter than a weaver's shuttle; they come to an end without hope. Remember that my life is like the wind; I shall not see happiness again.

The Word of the Lord

Responsorial Psalm

Psalm 147:1-2, 3-4, 5-6 (see 3a)

R. Praise the Lord, who heals the brokenhearted.

Praise the LORD, for he is good; sing praise to our God, for he is gracious; it is fitting to praise him. The LORD rebuilds Jerusalem; the dispersed of Israel he gathers.

R. Praise the Lord, who heals the brokenhearted.

He heals the brokenhearted and binds up their wounds. He tells the number of the stars; he calls each by name.

R. Praise the Lord, who heals the brokenhearted.

Great is our Lord and mighty in power; to his wisdom there is no limit. The LORD sustains the lowly; the wicked he casts to the ground.

R. Praise the Lord, who heals the brokenhearted.

A Reading from the First Letter of St. Paul to the Corinthians:

1 Corinthians 9:16-19, 22-23

Brothers and sisters:

If I preach the gospel, this is no reason for me to boast, for an obligation has been imposed on me, and woe to me if I do not preach it! If I do so willingly, I have a recompense, but if unwillingly, then I have been entrusted with a stewardship. What then is my recompense? That, when I preach, I offer the gospel free of charge so as not to make full use of my right in the gospel.

Although I am free in regard to all, I have made myself a slave to all so as to win over as many as possible. To the weak I became weak, to win over the weak. I have become all things to all, to save at least some. All this I do for the sake of the gospel, so that I too may have a share in it.

The Word of the Lord

Alleluia

Matthew 8:17

R. Alleluia, alleluia.

Christ took away our infirmities and bore our diseases.

R. Alleluia, alleluia.

A Reading from the Holy Gospel According to Mark:

Mark 1:29-39

On leaving the synagogue Jesus entered the house of Simon and Andrew with James and John. Simon's mother-in-law lay sick with a fever. They immediately told him about her. He approached, grasped her hand, and helped her up. Then the fever left her and she waited on them.

When it was evening, after sunset, they brought to him all who were ill or possessed by demons. The whole town was gathered at the door. He cured many who were sick with various diseases, and he drove out many demons, not permitting them to speak because they knew him.

Rising very early before dawn, he left and went off to a deserted place, where he prayed. Simon and those who were with him pursued him and on finding him said, "Everyone is looking for you." He told them, "Let us go on to the nearby villages that I may preach there also. For this purpose have I come." So he went into their synagogues, preaching and driving out demons throughout the whole of Galilee.

The Gospel of the Lord

Reflection/Family Discussion on the readings and Gospel:
by Fr. Richard Sunwoo

In today's Gospel, St. Mark begins to share St. Peter's memories of the beginning of Jesus' public ministry. Those amazing three years! As tradition reminds us, the first thirty years are the "ordinary" years of Jesus' "hidden" life—the quiet life he lived where he put into practice everything that he would eventually teach and put into effect everything that we would eventually do for those amazing three years! St. Mark gives us a small window into Jesus' day: He began in the synagogue and, after a day of prayer and teaching, at sunset (as is the custom of the sabbath) he sets off for Peter's house where, although tired from the day, he gives of himself to heal.

In the beginning of today's Gospel, Peter's mother-in-law is sick. So sick, in fact, that she cannot even go to Jesus. When Jesus learns of her situation, he immediately goes to her. Let us stop for a moment and ponder how Jesus has been trying so hard to find us and come to our aid! First consideration: Can I allow Jesus to find me, catch me, and come to my aid? Can I invite him into the sickness of my sins, where at times I feel so paralyzed to stop or impaired from doing the good?

When Jesus takes her hand, she is immediately healed. Then, she immediately went into service! By now, the word "immediate" should draw our attention. Well, that is for a reason. We must recognize Jesus' urgency! His urgency to draw near to us, to heal us, to feed us, and to teach us! Second consideration: "Lord, in your urgency to find me, I will allow myself to encounter you here and NOW!" Why do we wait or put off what is urgent? *Nunc Coepi*—let us begin again, NOW and TODAY!

After a long day, notice how Jesus receives EVERYONE no matter what their condition! Some have come with illnesses, while others have come with their demons. Third Consideration: When I spend time with Jesus, why do I hide my wounds? Why do I hide my sins, my sickness, and my demons? Only HE can heal me! Yet why do I go on pretending? Let me not waste this opportunity, Lord, to stand in front of you with all of my sickness, pain, sinfulness, darkness, and demons. How patient you were with the others! How patient, O Lord, you are with me! Give me the humility to be healed.

Notice by now our hidden insecurities rise to the surface. We might be thinking: "I don't want to bother Jesus with my little things. He has bigger things to do than deal with me..." Or worse, "I don't have any demons! There's nothing wrong with me!" Ah, yes... if all of that were true, then why is it so hard for us to sit in His presence—love incarnate? Why can't I see that Jesus came urgently for me? Why do I think of myself as worthless? Of course, Jesus wants to spend time with us! We are NOT junk! He waits patiently in the tabernacles of the world for us! He is now waiting for you to visit him! He is waiting now to spend time with you—wounds and all! Through technology, he is now on YouTube! There are many channels that broadcast Eucharistic Adoration 24 hours a day. There, He is waiting! May we urgently run to him—wounds and all! Sit in front of the Lord with all of our wounds, sins, and demons and allow Him to hear you and see you! He will not disappoint!

Adelante!

Nicene Creed:

ALL: I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven,

(bow)

and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

(raise from bow)

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins, and I look forward to the resurrection of the dead and the life of the world to come.

Amen

Presider: Let us now join our hearts and voices in prayer for our human family:

Intercessions:

For our Church and parish, that we be a source of healing and reconciliation for our community:

(Pause for silent prayer).

All: Lord, hear us.

For Pope Francis, Archbishop Jose Gomez, Fr. Richard Sunwoo, and for the bishops, priests, deacons, and ministers of our church, that they may proclaim to the world the gospel of hope and reconciliation:

(Pause for silent prayer).

All: Lord, hear us.

For our President and the leaders of the world's nations, that the spirit of God will inspire them to work for peace and justice among all peoples:

(Pause for silent prayer).

All: Lord, hear us.

For the victims of physical, mental, and substance abuse, that the love of God may expel from their lives the demons of pain, fear, and despair:

(Pause for silent prayer).

All: Lord, hear us.

For the sick, the suffering, the dying, that Jesus the Healer may take their hands and raise them up to wholeness:

(Pause for silent prayer).

All: Lord, hear us.

For our deceased relatives and friends that they may realize the hope of the gospel:

(Pause for silent prayer).

All: Lord, hear us.

Presider:

O Lord, you have walked among us; you know our pain and brokenness. May these prayers we offer be the beginning of the mending of our relationships with one another and the healing of our hearts in your hope and peace. In Jesus' name, we pray.

Our Father:

Presider: At the Savior's command and formed by divine teaching, we dare to say:

All:

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.

Amen

Sign of Peace:

Presider: Lord Jesus Christ, who said to your Apostles: Peace I leave you, my peace I give you; look not on our sins, but on the faith of your Church, and graciously grant her peace and unity in accordance with your will. Who live and reign for ever and ever.

All: Amen

Presider:

The peace of the Lord be with you always.

All:

And with your spirit.

Presider:

Let us offer each other the sign of peace.

(At this time please offer a moment of silence before the Spiritual Communion is said.)

Spiritual Communion:

All: I wish my Lord, to receive you with the purity, humility and devotion with which your most holy Mother received you, with the spirit and fervor of the saints.

Closing Prayer:

Presider:

O God, who have willed that we be partakers in the one Bread and the one Chalice, grant us, we pray, so to live that, made one in Christ, we may joyfully bear fruit for the salvation of the world. Through Christ our Lord.

All: Amen