



Talking With Your Child

Have you ever tried to really talk with your child about school, only to be met with quick "yes" or "no" answers? Join the crowd. As children get older, they chat with us less and less. But there are some ways to help them open up. Try asking open-ended questions that can't be answered with a simple yes or no, such as:

- What was the best part of your day? What was the worst?
- What do you have to do for homework?
- Who did you play with during free time today? What did you do?

Really listen to what your child says. Offer encouragement and advice, if your child seems open to it. Share something about your day, too. That way your child won't feel quite so on the spot.