

PACIFIC VALLEY SCHOOL

Big Sur Unified School District

2015/2016

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THE WINTER SHOW WAS A SUCCESS!



Above: Famous fairy-tale couples compete to live happily ever after, the frog prince tries to sway the princess for a kiss, high school performs a musing version of the Jabberwocky, by Lewis Carol & preschool-3rd grade class performs songs from the Sound of Music.

After a few weeks of preparation, Pacific Valley School's students & teachers, along with director Jaime Arze of Stagekids!, created two hours of skits and performances that deserved both a bigger stage and audience. Once again, the Winter Show was a success.

Everyone works hard to bring the show together. However, the majority of it's success can be attributed to the students, the stars of the show. The show also makes the students successful. How does it benefit the students? Studies show that participation in the performing arts enriches students lives in many ways.

Acting or singing on stage helps to develop quick thinking. Students learn the importance of the phrase "stay calm and carry on". Improvising becomes an important skill when a line is forgotten, a cue is missed or a plot is being developed. Students learn that imperfections (sometimes referred to as mistakes) are an opportunity to deal gracefully with the unexpected, an important lesson in every day life.

Students also become masters of their own anxiety. Performing in front of an audience is not easy. For some it can be terrifying. Learning to cope with fear is a skill students can use interviewing for jobs, giving a presentation or simply speaking up for themselves. Overcoming fear raises self-esteem, offers a feeling of success and gives students a sense of accomplishment.

Students perform solos as well as learn to work together. Teamwork is a valuable lesson often used in sports. All twenty-four students, from preschool to twelfth grade, worked toward a common goal of putting on a great show. They learned that working together is rewarding and at the end of the day, hard work pays off and can be fun too.

Lastly, students learn empathy by assuming different roles or "walking in someone else's shoes". By pretending to be someone or something else, they experience different perspectives. Students can explore an array of emotions and personalities that may help them get in touch with their own feelings. The stage allows a performer freedom of expression, a liberating experience, especially when laughter and applause are the result.

The students aren't the only ones who benefit from the Winter Show. Friends, families and community members of the Big Sur south coast enjoy the evening of entertainment that has become a holiday tradition. It is a time of year when people gather together, enjoy one another's company and support the talents and hard work of our local youth and children. The show offers an opportunity for community to feel connected.

Pacific Valley School values the performing arts, talent and hard work of the students and teachers. In conclusion, the show must go on!

MARK YOUR CALENDAR

MONDAY 1/4

School resumes. Welcome back.

MONDAY 1/11

PTO Meeting 4:30 pm

MONDAY 1/18

No School!

Martin Luther King, Jr. holiday.

TUESDAY 1/19

Birthday Celebrations 3:40 pm

Lisa G., Gail D., Martin & Lily B.

MONDAY 1/25

BSUSD Board Meeting 4:30 pm

ALL MONTH

The Nutrition Program's
"I Tried It!" Campaign

Students & staff are invited to explore a variety of healthy foods.

Thank you to all who supported the PTO bake sale and the Nutrition Program's dinner. The PTO donated proceeds from the bake sale to: The Ronald McDonald Foundation, one needy local family and the student's choice, St. Jude's Hospital!

QUOTE OF THE MONTH

"Creativity is allowing yourself to make mistakes. Art is knowing which ones to keep." Unknown



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