



National School Lunch Week is Oct 14-18. Family members are invited to eat lunch with their child and see the variety school lunch offers for only \$3.75!



Students have a choice between a hot main entrées, Sub Sandwich, Yogurt Parfait, Chef/Cobb Salad, or a weekly specialty option:

Oct 1-4: Italian Flatbread Melt

Oct 7-11: Roast Beef & Cheddar on Ciabatta

Oct 14-18: Turkey Bacon Wrap

Oct 21-25: Cottage Cheese/Muffin

Oct 29-31: Ham & Cheese

Flatbread Melt



Monday

Tuesday

Wednesday

Thursday

Friday

Personal Pan Pizza
Broccoli and Cheese Sauce **7**

Applesauce, Sidekick Slushie
Fruit of Choice
Vegetable Bar
Milk of Choice

Crispito or Burrito, Cookie **14**
NEW: Buffalo Crispito
Spanish Rice, Salsa, Sour Cream
Shredded Cheese or Cheese
Sauce, Applesauce, Peaches
Fruit of Choice, Vegetable Bar
Milk of Choice

BBQ Rib or Chicken Bacon **21**
Club on WG Bun, Chips,
Baked Beans, BBQ, K, M
Pickle, Onion
Applesauce, Pears
Fruit of Choice, Vegetable Bar
Milk of Choice

No School **28**

Macaroni and Cheese **1**
Little Smokies, K, M

Applesauce, Fresh Apple Slices
Caramel Dip, Fruit of Choice
Vegetable Bar
Milk of Choice

Chicken Fajitas on Tortilla **8**
Shell, Fiesta Black Beans, Grilled
Peppers & Onions, Salsa, Sour
Cream, Applesauce
Pineapple, Fruit of Choice
Vegetable Bar
Milk of Choice

Breaded Pork Chop **15**
Mashed Potatoes, Gravy
Corn, Butter Pat, WG Roll
K, M, BBQ
Applesauce, Fresh Apple Slices
Caramel Dip, Fruit of Choice
Vegetable Bar, Milk of Choice

Walking Tacos or Soft Shell **22**
Taco, Ranchero Beans
Shredded Cheese, Sour Cream
Salsa, Applesauce
Orange Slices, Fruit of Choice
Vegetable Bar
Milk of Choice

Totally Tacos, Chicken or **29**
Cheese Quesadillas, Spanish
Rice, Salsa, Sour Cream
Spiced Apples, Applesauce
Pears, Fruit of Choice
Vegetable Bar, Milk of Choice

Victory Chicken Nuggets **2**
Fries, Corn, B&B Sandwich
K,M, BBQ, Honey Mustard
Applesauce
Pears
Fruit of Choice, Vegetable Bar
Milk of Choice

Hot Ham & Cheese or **9**
Meatball Sub on WG Bun
Carrots, Chips, K, M
Applesauce
Pears
Fruit of Choice, Vegetable Bar
Milk of Choice

French Toast Sticks **16**
Sausage Links, Omelet
Hash Brown Patty, K, Syrup
Applesauce, 100% Juice
Strawberries & Bananas
Vegetable Bar
Milk of Choice

Orange Chicken **23**
Brown Rice, Stir-Fry Veggies
Fortune Cookie, Sweet & Sour
Sauce, WG Roll, Applesauce
Pineapple, Fruit of Choice
Vegetable Bar
Milk of Choice

Salisbury Steak, Corn **30**
Mashed Potatoes, Gravy
Butter Pat, B&B Sandwich, K,M
Applesauce, Mandarin Oranges
Fruit of Choice
Vegetable Bar
Milk of Choice

Beef Nachos with WG Chips **3**
or Soft Shell Taco, Refried Beans
Shredded Cheese or Cheese
Sauce, Salsa, Sour Cream
Applesauce, Peaches
Fruit of Choice, Vegetable Bar
Milk of Choice

Sloppy Joes on WG Bun **10**
Tater Tots, Green Beans
K, M, Pickle, Onion
Applesauce, Orange Slices
Fruit of Choice
Vegetable Bar
Milk of Choice

Chicken Alfredo **17**
Breadstick
Broccoli, Parmesan Cheese
Applesauce, Sidekick Slushie
Fruit of Choice
Vegetable Bar
Milk of Choice

Cavatelli **24**
Breadstick
Green Beans, Parmesan Cheese
Applesauce, Peaches
Fruit of Choice
Vegetable Bar
Milk of Choice

Spaghetti and Eyeballs **31**
Broom Sticks
Green Beans, Parmesan Cheese
Pumpkin Sugar Cookie
Applesauce, EEK Slushie
Fruit of Choice, Vegetable Bar
Milk of Choice

Tailgate Grill Out **4**
Hamburgers, Cheddarwursts
Hot Dogs, K, M Onion, Pickle
Pepper Jack or Sliced American
Cheese, Chips, Baked Beans, Ice
Cream, Applesauce, Fruit of
Choice, Vegetable Bar, Milk

Chicken Patty or Spicy **11**
Chicken Patty on WG Bun
Parsley Potatoes, Peas
K,M, BBQ, Honey Mustard
Applesauce, Mandarin Oranges
Fruit of Choice, Vegetable Bar
Milk of Choice

Popcorn Chicken **18**
Fries, WG Roll, Butter Pat
K, M, BBQ, Honey Mustard
Applesauce, Pineapple
Fruit of Choice
Vegetable Bar
Milk of Choice

French Dip Sandwich **25**
Fries, Cheese Sauce or
Shredded Cheddar
K, M, Au Ju
Applesauce, Mandarin Oranges
Fruit of Choice, Vegetable Bar
Milk of Choice

