



This institution is an equal opportunity provider.



Eating breakfast is so important! Studies have proven that eating breakfast daily improves concentration, test scores, stronger attendance, and calmer classrooms, Start your day eating breakfast at school! We have many options to choose!



Monday

Tuesday

Wednesday

Thursday

Friday

No School

1
Toast, Ham. Omelet
Muffin, Cereal, Mini Donuts
Cereal Bar, Bagel, Pop Tart
Yogurt or Boiled Egg
100% Juice, Choices of Fruits
Milk of Choice

2
Breakfast Burrito or Long
John, Muffin, Cereal, Mini Donuts
Cereal Bar, Bagel, Pop Tart
Yogurt or Boiled Egg
100% Juice, Choices of Fruits
Milk of Choice

3
Pancakes, Sausage link
Syrup, K, Muffin, Cereal, Mini
Donuts, Cereal Bar, Bagel, Pop
Tart, Yogurt or Boiled Egg
100% Juice, Choices of Fruits
Milk of Choice

4
Biscuits & Gravy, Donut
Muffin, Cereal, Mini Donuts
Cereal Bar, Bagel, Pop Tart
Yogurt or Boiled Egg
100% Juice, Choices of Fruits
Milk of Choice

7
Breakfast Sandwich or
Long John, Muffin, Cereal, Mini
Donuts, Cereal Bar, Bagel, Pop
Tart, Yogurt or Boiled Egg
100% Juice, Choices of Fruits
Milk of Choice

8
Breakfast Bites or Mini
Donuts, Syrup, K, Muffin, Cereal
Mini Donuts, Cereal Bar, Bagel
Pop Tart, Yogurt or Boiled Egg
100% Juice, Choices of Fruits
Milk of Choice

9
Biscuits & Gravy or Cinnam
Roll, Muffin, Cereal, Mini Donuts
Cereal Bar, Bagel, Pop Tart
Yogurt or Boiled Egg
100% Juice, Choices of Fruits
Milk of Choice

10
French Toast Sticks, Bacon
Hash Brown Patty, K, Syrup
Muffin, Cereal, Mini Donuts
Cereal Bar, Bagel, Pop Tart
Yogurt or Boiled Egg, 100% Juice
Choices of Fruits, Milk of Choice

11
Breakfast Pizza or Long
John, Muffin, Cereal, Mini Donuts
Cereal Bar, Bagel, Pop Tart
Yogurt or Boiled Egg
100% Juice, Choices of Fruits
Milk of Choice

14
WG Breakfast Sandwich or
Donut, Muffin, Cereal, Mini Donuts
Cereal Bar, Bagel, Pop Tart
Yogurt or Boiled Egg
100% Juice, Choices of Fruits
Milk of Choice

15
Waffles, Sausage Links
Syrup, K, Muffin, Cereal, Mini
Donuts, Cereal Bar, Bagel, Pop
Tart, Yogurt or Boiled Egg
100% Juice, Choices of Fruits
Milk of Choice

16
Biscuits & Gravy or Long
John, Muffin, Cereal, Mini Donuts
Cereal Bar, Bagel, Pop Tart
Yogurt or Boiled Egg
100% Juice, Choices of Fruits
Milk of Choice

17
Toast, Omelet, Sausage
Muffin, Cereal, Mini Donuts
Cereal Bar, Bagel, Pop Tart
Yogurt or Boiled Egg
100% Juice, Choices of Fruits
Milk of Choice

18
Breakfast Pizza or Cinnam
Roll, Muffin, Cereal, Mini Donuts
Cereal Bar, Bagel, Pop Tart
Yogurt or Boiled Egg
100% Juice, Choices of Fruits
Milk of Choice

21
Breakfast Pizza or Donut
Muffin, Cereal, Mini Donuts
Cereal Bar, Bagel, Pop Tart
Yogurt or Boiled Egg
100% Juice, Choices of Fruits
Milk of Choice

22
French Toast Sticks
Sausage Patty, Syrup, K, Muffin
Cereal, Mini Donuts, Cereal Bar
Bagel, Pop Tart, Yogurt or Boiled
Egg, 100% Juice, Choices of
Fruits, Milk of Choice

23
Breakfast Burrito or Long
John, Muffin, Cereal, Mini Donuts
Cereal Bar, Bagel, Pop Tart
Yogurt or Boiled Egg
100% Juice, Choices of Fruits
Milk of Choice

24
Pancakes, Sausage Links
Syrup, K, Muffin, Cereal, Mini
Donuts, Cereal Bar, Bagel, Pop
Tart, Yogurt or Boiled Egg
100% Juice, Choices of Fruits
Milk of Choice

25
Biscuits & Gravy or Donut
Muffin, Cereal, Mini Donuts
Cereal Bar, Bagel, Pop Tart
Yogurt or Boiled Egg
100% Juice, Choices of Fruits
Milk of Choice

28
No School

29
Toast, Omelet, Bacon
Muffin, Cereal, Mini Donuts
Cereal Bar, Bagel, Pop Tart
Yogurt or Boiled Egg
100% Juice, Choices of Fruits
Milk of Choice

30
Breakfast Pizza or Cinnam
Roll, Muffin, Cereal, Mini Donuts
Cereal Bar, Bagel, Pop Tart
Yogurt or Boiled Egg
100% Juice, Choices of Fruits
Milk of Choice

31
Waffles, Sausage Patty
Syrup, K, Muffin, Cereal, Mini
Donuts, Cereal Bar, Bagel, Pop
Tart, Yogurt or Boiled Egg
100% Juice, Choices of Fruits
Milk of Choice

