



This institution is an equal opportunity provider.



Eating breakfast is so important! Studies have proven that eating breakfast daily improves concentration, test scores, stronger attendance, and calmer classrooms, Start your day eating breakfast at school! We have many options to choose!



Monday

Tuesday

Wednesday

Thursday

Friday

1

Toast, Omelet, Sausage Muffin, Cereal
Snack Bread, Pop Tart
Yogurt or Boiled Egg
100% Juice, Choices of fruits
Milk of Choice

Biscuits & Gravy Muffin, Cereal
Snack Bread, Pop Tart
Yogurt or Boiled Egg
100% Juice, Choices of fruits
Milk of Choice

Eggo Mini Blueberry Pancakes, Sausage Links, Syrup Muffin, Cereal, Snack Bread, Pop Tart, Yogurt or Boiled Egg
100% Juice
Choices of fruits, Milk of Choice

Long John Muffin, Cereal
Snack Bread, Pop Tart
Yogurt or Boiled Egg
100% Juice, Choices of fruits
Milk of Choice

7

Toast, Omelet, Bacon Muffin, Cereal
Snack Bread, Pop Tart
Yogurt or Boiled Egg
100% Juice, Choices of fruits
Milk of Choice

8

Mini Donuts Muffin, Cereal
Snack Bread, Pop Tart
Yogurt or Boiled Egg
100% Juice, Choices of fruits
Milk of Choice

9

Breakfast Sandwich Muffin, Cereal
Snack Bread, Pop Tart
Yogurt or Boiled Egg
100% Juice, Choices of fruits
Milk of Choice

10

French Toast Sticks, Sausage Hash Brown Patty, Syrup, K Muffin, Cereal, Snack Bread, Pop Tart, Yogurt or Boiled Egg
100% Juice, Choices of fruits
Milk of Choice

11

Donut Muffin, Cereal
Snack Bread, Pop Tart
Yogurt or Boiled Egg
100% Juice, Choices of fruits
Milk of Choice

14

Waffles, Sausage Patty Syrup, K, Muffin, Cereal
Snack Bread, Pop Tart
Yogurt or Boiled Egg
100% Juice, Choices of fruits
Milk of Choice

15

Breakfast Pizza Muffin, Cereal
Snack Bread, Pop Tart
Yogurt or Boiled Egg
100% Juice, Choices of fruits
Milk of Choice

16

Breakfast Bites, Tater Tots Syrup, K, Muffin, Cereal
Snack Bread, Pop Tart
Yogurt or Boiled Egg
100% Juice, Choices of fruits
Milk of Choice

17

Toast, Omelet, Sausage Muffin, Cereal
Snack Bread, Pop Tart
Yogurt or Boiled Egg
100% Juice, Choices of fruits
Milk of Choice

18

Long John Muffin, Cereal
Snack Bread, Pop Tart
Yogurt or Boiled Egg
100% Juice, Choices of fruits
Milk of Choice

21

Biscuits & Gravy Muffin, Cereal
Snack Bread, Pop Tart
Yogurt or Boiled Egg
100% Juice. Choices of fruits
Milk of Choice

22

Dutch Waffle Bar, Sausage Links, Syrup, K, Muffin, Cereal
Snack Bread, Pop Tart
Yogurt or Boiled Egg
100% Juice, Choices of fruits
Milk of Choice

23

Sausage, Toast, Omelet Muffin, Cereal
Snack Bread, Pop Tart
Yogurt or Boiled Egg
100% Juice, Choices of fruits
Milk of Choice

24

French Toast Sticks, Bacon Hash Brown Patty, K, Syrup Muffin, Cereal, Snack Bread, Pop Tart, Yogurt or Boiled Egg
100% Juice, Choices of fruits
Milk of Choice

25

Donut Muffin, Cereal
Snack Bread, Pop Tart
Yogurt or Boiled Egg
100% Juice, Choices of fruits
Milk of Choice

28

No School

29

Pancakes, Sausage Links Syrup, K, Muffin, Cereal
Snack Bread, Pop Tart
Yogurt or Boiled Egg
100% Juice, Choices of fruits
Milk of Choice

30

Breakfast Pizza Muffin, Cereal
Snack Bread, Pop Tart
Yogurt or Boiled Egg
100% Juice, Choices of fruits
Milk of Choice

31

Toast, Omelet, Bacon Muffin, Cereal
Snack Bread, Pop Tart
Yogurt or Boiled Egg
100% Juice, Choices of fruits
Milk of Choice

