

# September 2020

## September Elementary Menu


### LUNCH



All items will be portioned and put on trays to limit as much contact as possible. Disposable products will be used.



#### Weekly Specials:

August 31-Sept-4: Knight Bites (sliced Ham, Cheese, Crackers, Scooby Doo Gummy)   
 Sept 7-11: Sub Sandwich  
 Sept 14-18: Yogurt and Muffin  
 Sept 21-25: Knight Bites  
 Sept 28-30: Sub Sandwich

### Monday

Personal Pan Pizza **31**  
 Ice Cream Cup  
 Romaine, Broccoli  
 Peaches, Fresh Fruit  
 Milk of Choice

**7**

No School

### Tuesday

Breaded Pork Chop **1**  
 Mashed Potatoes, Corn  
 Gravy, Butter Pat, B&B Sandwich  
 K, M, BBQ, Fresh Fruit  
 Pears  
 Milk of Choice

**8**

Walking Tacos

Salsa, Sour Cream  
 Refried Beans  
 Shredded Lettuce  
 Fresh Fruit, Peaches  
 Milk of Choice

### Wednesday

Totally Tacos **2**  
 Salsa, Sour Cream  
 Baby Carrots, Cherry Tomatoes  
 Fresh Fruit, Fruit Slushie  
 Milk of Choice

**9**

Popcorn Chicken

Mashed Potatoes, Gravy, Corn, K,  
 M, BBQ, Honey Mustard, Pears,  
 Fresh Fruit  
 Milk of Choice

### Thursday

Chicken Alfredo **3**  
 Breadstick, Parmesan Cheese  
 Green Beans, Cucumber  
 Pineapple  
 Fresh Fruit  
 Milk of Choice

**10**

French Toast Sticks

Sausage Links, Omelet, Syrup  
 Hash Brown Patty  
 Bananas & Strawberries  
 100% Juice  
 Milk of Choice

### Friday

Chicken Patty on WG **4**  
 Bun, BBQ, Pickle, K, M,  
 Mayo, Tater Tots  
 Shredded Lettuce  
 Applesauce, Fresh Fruit  
 Milk of Choice

**11**

Corn Dog or

Cheddarwurst on WG  
 Bun, K, M, Baked Beans, Chips  
 Baby Carrots  
 Mandarin Oranges, Fresh Fruit  
 Milk of Choice

Crispito **14**  
 Cheese Sauce  
 Salsa, Sour Cream  
 Broccoli, Baby Carrots  
 Fresh Fruit, Pineapple  
 Milk of Choice

**15**

Spaghetti **15**  
 Cheesestick, Parmesan  
 Cheese, Green Beans  
 Peppers, Fresh Fruit, Applesauce  
 Milk of Choice

**16**

Chicken Nuggets **16**  
 WG Chips  
 K, M, BBQ, Honey Mustard  
 Cherry Tomatoes, Cucumbers  
 Fresh Fruit, Mandarin Oranges  
 Milk of Choice

**17**

Beef Nachos with WG **17**  
 Chips, Refried Beans  
 Salsa, Sour Cream, Shredded  
 Cheese, Shredded Lettuce  
 Pears, Fresh Fruit  
 Milk Choice

**18**

Hamburger on WG Bun **18**  
 Oven Fries  
 Cheese Slice  
 K, M, Pickle, Celery  
 Peaches, Fresh Fruit  
 Milk of Choice

Pizza Slice **21**  
 Ice Cream Cup  
 Romaine, Celery  
 Craisins, Fresh Fruit  
 Milk of Choice

**22**

Breaded Pork Chop **22**  
 Mashed Potatoes, Corn  
 Gravy, Butter Pat, B&B Sandwich  
 K, M, BBQ, Fresh Fruit  
 Pears  
 Milk of Choice

**23**

Totally Tacos **23**  
 Salsa, Sour Cream  
 Baby Carrots, Cherry Tomatoes  
 Fresh Fruit, Fruit Slushie  
 Milk of Choice

**24**

Lasagna **24**  
 Breadstick, Parmesan  
 Cheese, Green Beans  
 Cucumbers  
 Pineapple, Fresh Fruit  
 Milk of Choice

**25**

Chicken Patty on WG Bun **25**  
 BBQ, Pickle, Mayo, K  
 Tater Tots, Shredded Lettuce  
 Applesauce, Fresh Fruit  
 Milk of Choice

BBQ Rib on WG Bun **28**  
 Oven Fries, BBQ, K  
 Broccoli  
 Fresh Fruit  
 Pineapple Chunks  
 Fruit of Choice

**29**

Walking Tacos **29**  
 Salsa, Sour Cream  
 Refried Beans  
 Shredded Lettuce  
 Fresh Fruit, Peaches  
 Milk of Choice

**30**

Popcorn Chicken **30**  
 Mashed Potatoes, Gravy, Corn, K,  
 M, BBQ, Honey Mustard, Pears,  
 Fresh Fruit  
 Milk of Choice

