

December 2019

North Cedar Elementary Menu

BREAKFAST



This institution is an equal opportunity provider.



Eating breakfast is very important to start the day off right. Stop in and eat breakfast at school! We have a variety of options available.

Milk options: Skim Chocolate, Skim Strawberry, Skim White, 1% White

Monday

Breakfast Pizza
Muffin, Cereal
Pop Tart, Yogurt, Boiled Egg
Choices of Fruit, 100% Juice
Milk of Choice

2

Tuesday

Pancakes, Sausage
Links, Syrup, Muffin
Cereal, Pop Tart, Yogurt
Boiled Egg, Choices of Fruit,
100% Juice, Milk of Choice

3

Wednesday

Biscuits & Gravy
Muffin, Cereal, Pop Tart
Yogurt, Boiled Egg
Choices of Fruit, 100% Juice
Milk of Choice

4

Thursday

Breakfast Pizza
Muffin, Cereal, Pop Tart
Yogurt, Boiled Egg
Choices of Fruit, 100% Juice
Milk of Choice

5

Friday

Donut
Muffin, Cereal, Pop Tart
Yogurt, Boiled Egg
Choices of Fruit, 100% Juice
Milk of Choice

6

Toast, Omelet, Bacon
Muffin, Cereal, Pop Tart
Yogurt or Boiled Egg
Choices of Fruit, 100% Juice
Milk of Choice

9

Mini Sugared Donuts
Muffin, Cereal, Pop Tart
Yogurt or Boiled Egg
Choices of Fruit, 100% Juice
Milk of Choice

10

Breakfast Bites, Tater
Tots, Syrup, K, Muffin
Cereal, Pop Tart, Yogurt,
Boiled Egg, Choices of Fruit
100% Juice, Milk of Choice

11

Blueberry Pancakes,
Sausage Links, Syrup
Muffin, Cereal, Pop Tart
Yogurt or Boiled Egg, Choices
of Fruit, 100% Juice, Milk

12

Long John
Muffin, Cereal
Pop Tart, Yogurt, Boiled Egg
Choices of Fruit, 100% Juice
Milk of Choice

13

No School

16

Toast, Omelet, Sausage
Patty, Muffin, Cereal
Pop Tart, Yogurt, Boiled Egg
Choices of Fruit, 100% Juice
Milk of Choice

17

Breakfast Sandwich
Muffin, Cereal
Pop Tart, Yogurt, Boiled Egg
Choices of Fruit, 100% Juice
Milk of Choice

18

French Toast Sticks,
Hash Brown Patty, K,
Syrup, Muffin, Cereal, Milk
Pop Tart, Yogurt, Boiled Egg
Choices of Fruit, 100% Juice

19

Donut
Muffin, Cereal
Pop Tart, Yogurt, Boiled Egg
Choices of Fruit, 100% Juice
Milk

20

No School

23

No School

24

No School

25

No School

26

No School

27

No School

30

No School

31

