

Falcon Flight Resilience Builder Program®

6th, 7th, and 8th Graders

Starting: Tuesday, September 1, 2020

8-Week Group

Falcon Flight RBP is a group designed to help students develop self-regulation skills, coping skills, and social problem-solving skills. It also focuses on building and maintaining healthy friendships. If you think your child would benefit from learning strategies to manage strong emotions and get along better with others, please email Ms. Rodgers at crodgers@fhacademics.org. The group will take place during lunch time (virtually or in person). Spaces for this group will be limited to 4 students per grade level, and there will be a different group each quarter.

