

## November Middle and High School Breakfast



<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<u>1</u> Mini Waffles Fruit Juice Milk	<u>2</u> Mini Strawberry Bagel Fruit Milk	<u>3</u> Coco Puffs Cereal w/ WW Toast Fruit Milk	<u>4</u> Cinni Minis Fresh Oranges Milk	<u>5</u> Banana Muffin Orange Juice Milk
<u>8</u> Apple Strudel Fresh Apple Milk	<u>9</u> Ultimate Breakfast Bar Oatmeal Chocolate Chip Apple Juice Milk	<u>10</u> Breakfast on a Stick Chilled Applesauce Milk	<u>11</u> No School 	<u>12</u> Breakfast Cereal Bar W/ String Cheese Orange Juice Milk
<u>15</u> Breakfast on A Stick Fruit Milk	<u>16</u> Breakfast Cereal Bar w/ String Cheese Apple Juice Milk	<u>17</u> Breakfast Cereal w/ WW Toast Fruit Milk	<u>18</u> Chocolate Muffin Fruit Milk	<u>19</u> WG Breakfast Pizza Orange Juice Milk
<u>22</u> Breakfast Cereal Bar w/ String Cheese Apple Juice Milk	<u>23</u> Bagels w/ Cream Cheese Chilled Fruit Milk	<u>24</u> Ultimate Breakfast Bar Oatmeal Chocolate Chip Fresh Apples Milk	<u>25</u> Cereal w/ WW Toast Chilled Pears Milk	<u>26</u> Cinni Minis Orange Juice Milk
<u>29</u> Breakfast Cereal Bar w/ String Cheese Fruit Milk	<u>30</u> Apple Strudels Apple Juice Milk	<b><u>Low Fat Chocolate &amp; 1% White Milk is Available With Every Meal</u></b>	<b>Students MUST Select at Least 3 Items for Breakfast. One of The 3 Items MUST Be a Fruit. All Breakfast Entrees Count as Two items</b>	