

2021 Lunch Menu -- Middle School



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>1 Breakfast for Lunch Cheeseburger Chicken Patty Sandwich Ham & Cheese Sub Chef Salad Chilled Mixed Fruit Celery Sticks</p>	<p>2 Popcorn Chicken w/ WG Roll Cheeseburger Chicken Patty Sandwich Turkey & Cheese Sub Chicken Caesar Fresh Apples Seasoned Corn</p>	<p>3 Macaroni & Cheese w/ WG Roll Cheeseburger Chicken Patty Sandwich Ham & Cheese Chef Salad Mixed Berries Steamed Broccoli</p>	
	<p>Low Fat Chocolate & 1% White Milk is Available With Every Meal</p>			
<p>6 Meatball Sub on WG Roll Cheeseburger Chicken Patty Sandwich Ham & Cheese Sub Caesar Salad Chilled Pears Steamed Green Beans</p>	<p>7 Bean & Cheese Burrito Corn Dogs Cheeseburger Spicy Chicken Patty Ham & Cheese Sub Chef Salad Fresh Apple Carrot Coins</p>	<p>8 Orange Chicken Over Rice Cheeseburger Chicken Patty Sandwich Turkey & Cheese Sub Crispy Chicken Salad Fresh Sliced Oranges Seasoned Corn</p>	<p>9 BBQ Pulled Pork Cheeseburger Chicken Patty Sandwich Italian Sub Chicken Caesar Salad Chilled Peaches Mixed Vegetables</p>	<p>10 Chicken Nuggets w/ WG Roll Cheeseburger Chicken Patty Sandwich Turkey & Cheese Sub Chicken Caesar Salad Chilled Applesauce Mashed Potatoes</p>
<p>13 Mozzarella Stuffed Bread w/ Marinara Sauce Cheeseburger Spicy Chicken Patty Turkey & Cheese Sub Caesar Salad Fresh Apples Steamed Broccoli Florets</p>	<p>14 Turkey Gravy over Mashed Potatoes Cheeseburger Chicken Patty Sandwich Ham & Cheese Sub Chef Salad Chilled Mixed Fruit Seasoned Corn</p>	<p>15 Chicken Nuggets W/WG Roll Cheeseburger Chicken Patty Sandwich Turkey & Cheese Sub Chicken Caesar Salad Fresh Orange Slices Baked Tator Tots</p>	<p>16 Grilled Ham & Cheese Sandwich & Tomato Soup Cheeseburger Chicken Patty Sandwich Ham & Cheese Sub Chef Salad Mixed Berries Mixed Vegetables</p>	<p>17 Baked Fish Sandwich On WG Roll Cheeseburger Chicken Patty Sandwich Turkey & Cheese Sub Chef Salad Chilled Applesauce Garden Peas</p>
<p><u>Vegetable / Fruit / Milk</u> 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> 1% or Fat Free Milk</p>	<p><u>Carrots / Fruit / Milk</u> 1% or Fat Free Milk</p>	<p><u>Broccoli / Fruit / Milk</u> 1% or Fat Free Milk</p>
 <p style="font-size: 2em; font-weight: bold;">Winter Break</p>		<p style="font-size: 1.5em; font-weight: bold;">Daily Cheese or Pepperoni Pizza Subs and Salads</p>		
<p><u>Vegetable / Fruit / Milk</u> 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> 1% or Fat Free Milk</p>
	<p>Students must Choose 3 out of the 5 Meal Components. One of The 3 Components Selected, MUST Be Fruit and or a Vegetable</p>		<p>Breakfast and Lunch Are Free for All Student's Through-out this School Year! Snacks and Extra drinks Are not Free</p>	
<p><u>Vegetable / Fruit / Milk</u> 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> 1% or Fat Free Milk</p>