

# 2021 Lunch Menu – High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p><b><u>Low Fat Chocolate &amp; 1% White Milk is Available With Every Meal</u></b></p>	<p><b>1</b> Breakfast for Lunch Cheeseburger Chicken Nugget Bean &amp; Cheese Burrito Chicken Patty Sandwich Ham &amp; Cheese Sub Chef Salad Chilled Mixed Fruit Celery Sticks</p>	<p><b>2</b> Mozzarella Stuffed Bread Stick w/ Marinara Sauce Popcorn Chicken Cheeseburger Chicken Patty Sandwich Turkey &amp; Cheese Sub Chicken Caesar Fresh Apples Seasoned Corn</p>	<p><b>3</b> Macaroni &amp; Cheese Chicken Nuggets Cheeseburger Chicken Patty Sandwich Ham &amp; Cheese Chef Salad Mixed Berries Steamed Broccoli</p>
<p><b>6</b> Meatball Sub Cheeseburger Chicken Patty Sandwich Ham &amp; Cheese Sub Caesar Salad Chilled Pears Steamed Green Beans</p>	<p><b>7</b> Chili Frito Pie Bean &amp; Cheese Burrito Corn Dogs Cheeseburger Spicy Chicken Patty Ham &amp; Cheese Sub Chef Salad Fresh Apple Seasoned Corn</p>	<p><b>8</b> Orange Chicken Cheeseburger Chicken Patty Sandwich Turkey &amp; Cheese Sub Crispy Chicken Salad Fresh Sliced Oranges Seasoned Carrot Coins</p>	<p><b>9</b> BBQ Pulled Pork w/ Cole Slaw Cheeseburger Chicken Patty Sandwich Italian Sub Chicken Caesar Salad Fresh Peaches Mixed Vegetables</p>	<p><b>10</b> Chili Dog Chicken Nuggets Cheeseburger Chicken Patty Sandwich Turkey &amp; Cheese Sub Chicken Caesar Salad Fresh Apples Garden Vegetables</p>
<p><b>13</b> Mozzarella Stuffed Bread w/ Marinara Sauce Cheeseburger Spicy Chicken Patty Turkey &amp; Cheese Sub Caesar Salad Fresh Apples Steamed Broccoli Florets</p>	<p><b>14</b> Turkey &amp; Gravy over Mashed Potatoes Chicken Nuggets Cheeseburger Chicken Patty Sandwich Ham &amp; Cheese Sub Chef Salad Chilled Mixed Fruit Seasoned Corn</p>	<p><b>15</b> Baked Penne Chicken Nuggets Cheeseburger Chicken Patty Sandwich Turkey &amp; Cheese Sub Chicken Caesar Salad Fresh Orange Slices Baked Tator Tots</p>	<p><b>16</b> Grilled Ham &amp; Cheese Sandwich &amp; Tomato Soup Cheeseburger Chicken Patty Sandwich Ham &amp; Cheese Sub Chef Salad Mixed Berries Mixed Vegetables</p>	<p><b>17</b> Teriyaki Chicken over Rice Chicken Nuggets Cheeseburger Chicken Patty Sandwich Turkey &amp; Cheese Sub Chef Salad Chilled Applesauce Garden Peas</p>
<p><b><u>Vegetable / Fruit / Milk</u></b> 1% or Fat Free Milk</p>	<p><b><u>Vegetable / Fruit / Milk</u></b> 1% or Fat Free Milk</p>	<p><b><u>Vegetable / Fruit / Milk</u></b> 1% or Fat Free Milk</p>	<p><b><u>Carrots / Fruit / Milk</u></b> 1% or Fat Free Milk</p>	<p><b><u>Broccoli / Fruit / Milk</u></b> 1% or Fat Free Milk</p>
		<p><b>Daily Cheese or Pepperoni Pizza Subs and Salads</b></p>		
<p><b><u>Vegetable / Fruit / Milk</u></b> 1% or Fat Free Milk</p>	<p><b><u>Vegetable / Fruit / Milk</u></b> 1% or Fat Free Milk</p>	<p><b><u>Vegetable / Fruit / Milk</u></b> 1% or Fat Free Milk</p>	<p><b><u>Vegetable / Fruit / Milk</u></b> 1% or Fat Free Milk</p>	<p><b><u>Vegetable / Fruit / Milk</u></b> 1% or Fat Free Milk</p>
	<p><b><u>Students must Choose 3 out of the 5 Meal Components. One of The 3 Components Selected. MUST Be Fruit and or a Vegetable</u></b></p>		<p><b><u>Breakfast and Lunch Are Free for All Student's Through-out this School Year! Snacks and Extra drinks Are not Free</u></b></p>	
<p><b><u>Vegetable / Fruit / Milk</u></b> 1% or Fat Free Milk</p>	<p><b><u>Vegetable / Fruit / Milk</u></b> 1% or Fat Free Milk</p>	<p><b><u>Vegetable / Fruit / Milk</u></b> 1% or Fat Free Milk</p>	<p><b><u>Vegetable / Fruit / Milk</u></b> 1% or Fat Free Milk</p>	<p><b><u>Vegetable / Fruit / Milk</u></b> 1% or Fat Free Milk</p>