

## Health Office Frequently Asked Questions

**My child has a fever. Do I keep them home from school?** If your child has a temperature of 100 degrees or more, please keep them home. Children must be fever-free, without pain reliever, for twenty-four hours before returning to school. If your child has a fever, please don't medicate him/her and send the child to school to go on a field trip.

**What if my child has something that is considered contagious?** Please contact the health office if your child has a communicable disease e.g. strep throat, Chickenpox, pink eye, head lice, ringworm, impetigo, etc.

**What if my child needs to take medications at school?** If a student requires medication during school hours, (cough drops are considered medication) the parent/guardian must bring the medication to the health office and sign a consent form from the health office to allow the health aide, nurse, or designated personnel to give the medication. We have no stock medications on any school campus, such as Tylenol for general use. All pharmacy-dispensed and over-the-counter medication must be in the original container with the proper labeling (student's name, directions for administering, physician's name, date, dosage, time to be given, and the name of the medication). Any medication which needs to be given for longer than one month must have written permission from a physician. We cannot give "sample medications." All children must be given age-appropriate dosage, if the label states "children under 12, consult a physician," we must have a physician's note. No expired medications can be administered by the health office. If the prescription becomes expired during the school year, it is the parents'/guardians' responsibility to supply the health office with a new prescription. **NO OVER-THE-COUNTER OR PHARMACY-DISPENSED MEDICATION WILL BE DISPENSED WITHOUT A PARENT/GUARDIAN'S PERMISSION FORM SIGNED. NO MEDICATIONS WILL BE SENT HOME WITH A CHILD. THE PARENT/GURDIAN MUST BRING ALL MEDICATIONS TO AND FROM THE SCHOOL.**

**What if my child needs medication during a field trip?** As stated in A.R.S. 32-1901 the health office cannot transfer medication to an envelope or another container. The health office must have a separate prescription-labeled bottle for each prescription medication taken on a field trip. If the health office does not have a separate prescription-labeled bottle, the medication cannot be taken on the field trip. Small Volume Nebulizers (SUNs) cannot be taken on field trips.

**My child needs his/her inhaler or Epi-Pen. What is the process for that?** HB 2229 was signed into effect April 2005. This bill allows a pupil who has written parental consent to possess and self-administer handheld inhaler devices for breathing disorders. SB 1309 was signed into effect May 2005. This bill allows pupils who have been diagnosed with anaphylaxis to carry and self-administer emergency medications while at school and school sponsored activities.

The health office must have completed and signed consent forms on file in the health office for all medications. All medications must have proper labeling. (See the questions above for proper labeling instructions.)

**What do I do if my child gets head lice?** Please notify the Health Office at your school if your child has head lice. All students that have a case of head lice discovered in school will be sent home, with instructions for treatment. All FHUSD Health Offices follow strict guidelines for lice infestations which may include the screening of additional students.

**What if my child can't participate in P.E.?** If a student has a physical reason for not participating in P.E., the parent/guardian must write a letter explaining the illness or condition and request a P.E. excuse. The student must bring the letter to the health office at the beginning of the school day. If the child will not participate in P.E. for longer than five days, a written verification from the physician is required. If the child is under a doctor's care, a medical release from the doctor is required to be cleared to participate in P.E.

**Are there Latex restrictions at FHUSD?** Yes. FHUSD promotes a latex-free environment. No latex products are allowed on school campuses. Specifically, no balloons will be allowed. Mylar balloons are acceptable.

**What is the pink card (Emergency Update Health Card)?** Each year it is essential that the parent/guardian fill out an emergency health card for each child in his/her family who is attending school in the district. The sheet will contain current information, thus allowing the school to reach the parent/guardian in case of an illness, injury, or emergency. Parents/guardians are expected to keep the school informed of any changes to information (e.g. change of address and new phone numbers) that occur during the school year.

Parents are also expected to contact the health office regarding any health issues that may develop for his/her child throughout the school year. It is extremely important to let the health offices know of any physical/health changes that arise during the school year.

**I need health insurance for my child. Any recommendations?** The AHCCCS Web site is [www.azahcccs.gov](http://www.azahcccs.gov) or for specific information about Health insurance for families and children visit <http://www.azahcccs.gov/Services/Overview/ForAZFamChildren.asp>

To inquire about the KIDSCARE health insurance program for children less than 19 years of age, please contact AHCCS at:

Phone: (602) 417-5437 or 1-877-764-5437 Toll-free from area codes 520 and 928  
Mail: KidsCare  
920 E. Madison  
MD 500  
Phoenix, AZ 85034

E-mail:

[ApplicationHelp@AHCCCS.State.AZ.US](mailto:ApplicationHelp@AHCCCS.State.AZ.US)

There are no interviews and applications can be taken over the telephone, by mail, or via the Internet, so no one has to miss work. Free assistance in filling out the application is available by phone.