

Life Care & Independent Living

Life Care & Independent Living Options

ARIZONA STATEWIDE INDEPENDENT LIVING COUNCIL (SILC)

www.azsilc.org

The mission of SILC is to promote the equality, inclusion, and choice for people with disabilities through collaboration and public policy change. Site includes listing of Centers for Independent Living available in Arizona as well as links to a number of independent living resources.

ARIZONA BRIDGE TO INDEPENDENT LIVING (ABIL)

www.abil.org

5025 E. Washington St., Ste. 200
Phoenix, AZ 85034
602-256-2245

Offers programs on achieving independent lifestyles within the community.

LIFE DEVELOPMENT INSTITUTE

www.life-development-inst.org/

18001 N. 79th Ave., E-71
Glendale, AZ 85308
623-773-2774

Community-based program with emphasis on independent living skills and financial self-sufficiency.

Transportation Assistance

DRIVING TO INDEPENDENCE

Driving2independence@cox.net

1414 W. Broadway Rd., #230
Tempe, AZ 85282
480-449-3331

Specializes in adaptive driving assessments using occupational therapists and adaptive driving evaluators.

DRIVEABLE SOLUTIONS, INC.

www.driveablesolutions.com

4120 N. 20th St, Ste G
Phoenix, AZ 85018
602-840-2323

Contact, Lynn Hedrick, Certified Driving Rehabilitation Specialist and Speech Pathologist, applies her special skills in cognition, executive functions, visual perception and communication as it relates to driving.

VALLEY METRO

www.ValleyMetro.org

101 N. 1st Ave, Ste 1100
Phoenix, AZ 85003
602-523-6070

Offers a transit education program covering topics such as taking the Valley Metro bus, planning, fares, signaling your stop, policies, as well as bike, pedestrian, and personal safety.