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Dear families of FHUSD students,

The start of the 2020/2021 school year presents quite differently than from previous years. There is no question that we are all being faced with various challenges. Fountain Hills Unified School District would like to share important health-related information and resources. Please take the time to read over the information provided.

Immunization Information:

The Arizona Department of Health Services has communicated with Arizona Schools that school immunization requirements have NOT been waived or rescinded in response to the COVID-19 Pandemic. Parents/guardians are required to provide documentary proof of immunizations or immunity to the diseases to school *prior* to attendance/entry into school regardless of their learning platform; in-person classroom learning or online learning. With the different combinations of learning environments, schools need to ensure children are ready to return in-person at any time, and up-to-date immunization records are a part of that process.

Maricopa County Department of Public Health Services operates three childhood immunization clinics for children ages 0 years up to their 19th birthday. Immunizations are provided free of charge. Vaccines are also available for uninsured or under-insured adults at the clinics. Please call the clinic ahead of time to check on vaccine availability. 602-506-6767 *COVID-19 update- *All three immunization clinics are seeing patients primarily through scheduled appointments to allow proper social distancing in the clinic.* Additional Immunization Information can be found at Arizona Department of Health Services website: [Arizona Immunization Program](#)

Locations of the Immunization Clinics:

- **Central- Roosevelt Clinic** 1645 E. Roosevelt St, Phoenix, AZ 85006
- **East- Mesa Clinic** 635 E. Broadway Rd, Mesa 85204
- **West- West Clinic** 1850 N 95th Ave, Suite 184, Phoenix, AZ 85037

For more information on immunizations and Maricopa County Clinics, please visit [Maricopa Co. Child Immunizations](#)

COVID-19 Information:

At the onset of in-person instruction, it is extremely important that you screen your student for ANY COVID-19 symptom(s) before sending them to school. If your student arrives at school with *any* symptom on the "Symptom Checklist" they will be sent home per Arizona Department of Health Guidelines. Parents/guardians will be required to pick their student up from school within one hour of being contacted. Please note if your student has a medical condition, which is the cause of their presenting symptom, a doctor's note stating this medical condition will need to be submitted to the Health Office at your student's school. Your cooperation is greatly appreciated and extremely necessary for our schools to remain open and to maintain a healthy

environment for our students and staff. Please click on the link for the CDC video checklist: [COVID-19 Daily Symptom Checklist](#)

COVID-19 Daily Symptom Checklist

- Cough
- Fatigue
- Muscle or body aches
- Headache
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea
- Shortness of breath
- Difficulty breathing
- Fever (100.4 F or higher)
- Chills
- New loss of taste or smell

In the event that your student has one or more of the symptoms on the Symptom Checklist please follow the Arizona Department of Health Services Release from Isolation and Quarantine Guidance:

• If a person is symptomatic and awaiting COVID-19 test results:**

○ Stay home away from others or under isolation precautions until results are available. If results are delayed, follow guidance for symptomatic and tested positive for COVID-19. Once results are available, follow the recommendations below based on results.

• If a person is symptomatic and tested positive for COVID-19 by PCR or antigen testing, stay home away from others or under isolation precautions until:

○ At least 10 days* have passed since symptoms first appeared; AND ○ At least 24 hours have passed since last fever without the use of medicine that reduces fevers; AND
○ Other symptoms have improved.

• If a person is symptomatic and tested negative for COVID-19 by PCR or antigen testing, stay home away from others or under isolation precautions until:**

○ At least 24 hours have passed since last fever without the use of medicine that reduces fevers; AND
○ Other symptoms have improved.

• If a person is symptomatic and has NOT been tested for COVID-19 by PCR or antigen testing, stay home away from others or under isolation precautions until:**

○ At least 10 days* have passed since symptoms first appeared; AND

○ At least 24 hours have passed since last fever without the use of medicine that reduces fevers; AND

○ Other symptoms have improved.

● If a person is asymptomatic and awaiting COVID-19 test results:**

○ No isolation is required while waiting for test results. Take everyday precautions to prevent the spread of COVID-19. Once results are available, follow recommendations based on results.

● If a person is asymptomatic and tested positive for COVID-19 by PCR or antigen testing, stay home away from others or under isolation precautions until: (Updated: 7/27/2020)

○ At least 10 days* have passed since specimen collection of the first positive COVID-19 PCR/antigen testing while asymptomatic. If symptoms develop, follow guidance for symptomatic and tested positive for COVID-19.

● If a person is asymptomatic and tested positive for COVID-19 by serology:**

○ No isolation is required since there is a low likelihood of active infection. Take everyday precautions to prevent the spread of COVID-19.

● If a person is asymptomatic and tested negative for COVID-19 by PCR, antigen testing, or serology:**

○ No isolation is required. Take everyday precautions to prevent the spread of COVID-19.

● If a person has other non-compatible symptoms and has not been tested for COVID-19, stay home away from others or under isolation precautions until:

○ At least 24 hours have passed since last fever without the use of medicine that reduces fevers; AND

○ Other symptoms have improved.

To view AZDHS Release from Isolation and Quarantine Guidance:

[Release from Isolation & Quarantine Guidance](#)

To view AZDHS complete website, follow link:

[AZDHS Website](#)

In the event that someone in your household tests positive, please follow these steps:

COVID-19: close contacts

If your student has been within 6ft of a person infected with COVID-19 for 15 minutes or greater, they are considered a **close contact**. They may develop COVID-19 as well. **Close contacts are quarantined for 14 days after their last exposure with the COVID-19 case.** This means that close contacts to a COVID-19 case should:

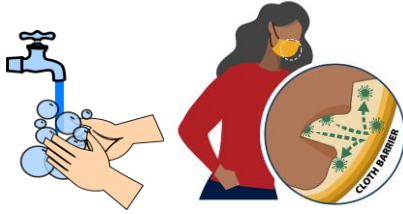
- Stay home from work or school and remain 6ft away from others
- Self-monitor for symptoms of COVID-19 including twice daily temperature checks
- Stay away from people at high risk for severe illness

Please click on link to see the flowchart: [COVID-19 Close Contacts](#)

Important Steps to Stay Healthy

Wash your hands with soap and water for 20 seconds

[Key Times to Wear Gloves](#)



Avoid touching your Eyes, Nose and Mouth.

Wear your Face Covering Correctly [CDC - How to wear masks](#)

- Wash your hands before putting on your face covering
- Put it over your nose and mouth and secure it under your chin
- Try to fit it snugly against the sides of your face
- Make sure you can breathe easily

COVID-19: Parents Supporting Children

CDC provides recommendations on how parents and caregivers can help support children and teens during COVID-19 pandemic.

For more information, visit these resources:

[Parents Supporting Children](#)
[Coronavirus Support for Teens and Young Adults](#)
[Get the Facts About Coronavirus](#)
[Highlighted Infectious Diseases for Arizona](#)
[COVID-19 \(Novel Coronavirus\)](#)
[CDC Website](#)

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This is a fluid situation and new information is continuously being updated. When new information is available, we will communicate that to our Falcon families.

Your cooperation is greatly appreciated.

Lisa Schreiner
District Nurse
Fountain Hills Unified School District