


2021 Lunch Menu -- Middle School



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Please Social Distance	<u>Students must Choose 3 out of the 5 Meal Components. One of The 3 Components Selected, MUST Be Fruit and or a Vegetable</u>	Daily: Cheese or Pepperoni Pizza	1 Bean & Cheese Burrito Cheeseburger Chicken Patty Sandwich Ham & Cheese Sub Fresh Bananas Seasoned Corn	2 
5 Beefy Macaroni Cheeseburger Chicken Patty Sandwich Caesar Salad Fresh Celery Sticks Chilled Pears	6 Grilled Cheese w/ Tomato Soup Cheeseburger Spicy Chicken Patty on WG Bun Ham & Cheese Sub Fresh Apple Carrots	7 Popcorn Chicken Cheeseburger Chicken Patty Sandwich Turkey & Cheese Sub Baked Fries Fresh Sliced Oranges	8 Stuffed Breadsticks w/ Marinara Cheeseburger Chicken Patty Sandwich Italian Sub Chilled Pears Mixed Vegetables	9 Chicken Alfredo Cheeseburger Chicken Patty Sandwich Turkey & Cheese Sub Fresh Banana Broccoli
12 Stuffed Breadsticks w/ Marinara Cheeseburger Chicken Patty Sandwich Ham & Cheese Sub Chilled Pears Golden Corn	13 Chicken Nuggets w/ Roll Spicy Chicken Sandwich Cheeseburger Chef Salad w/ Roll Chilled Applesauce Baked French Fries	14 BBQ Pork on a Bun Whole Grain Corn Dog Cheeseburger Chicken Patty Sandwich Fresh Apple Carrots	15 Popcorn Chicken Spicy Chicken Sandwich Cheeseburger BBQ Turkey on A Bun Chef Salad Fresh Oranges Baked Tater Tots	16 Cheese Enchiladas Meatball Sub Cheeseburger Chicken Sandwich Turkey Sub Sandwich Fresh Banana Steamed Black Beans
<u>Vegetable / Fruit / Milk</u> 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> 1% or Fat Free Milk	<u>Vegetables / Fruit / Milk</u> 1% or Fat Free Milk	<u>Vegetables / Fruit / Milk</u> 1% or Fat Free Milk
19 BBQ Turkey Sandwich Cheeseburger Chicken Patty Sandwich Chef Salad Fresh Apple Steamed Broccoli	20 Macaroni & Cheese Cheeseburger Chicken Burger Turkey & Cheese Sub Chilled Mixed Fruit Carrots	21 Popcorn Chicken Cheeseburger Chicken Sandwich Turkey & Cheese Subs Chilled Applesauce Oven Baked French Fries	22 Pasta w/ Meatsauce Cheeseburger Chicken Sandwich Ham & Cheese Sub Fresh Oranges Green Beans	23 Chicken & Waffles Cheeseburger Chicken Patty Sandwich Turkey Ham & Cheese Sub Chilled Applesauce Seasoned Corn
<u>Vegetable / Fruit / Milk</u> 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> 1% or Fat Free Milk
26 Sweet n Sour Chicken Cheeseburger Chicken Patty Sandwich Greek Chicken Salad Fresh Oranges Carrots	27 Chicken Nuggets w/Roll Chicken Sandwich Cheeseburger Chef Salad Blueberries Garden Mixed Vegetables	28 Teriyaki Bowl Cheeseburger Chicken Patty Sandwich American Sub Fresh Apple Steamed Broccoli	29 Meatball Sub Burrito Cheeseburger Chicken Patty Sandwich Turkey & Cheese Sub Chilled Pears Steamed Corn	30 BBQ Pork Sandwich Cheeseburger Chicken Patty Sandwich Garden Salad Diced Peaches Seasoned Green Beans
<u>Vegetable / Fruit / Milk</u> 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> 1% or Fat Free Milk