

Kosciusko School District

Lunch k-5

Aug 30, 2019

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Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 2 Holiday	Sep - 3 Chix Patty/Bun 46 Sloppy Joe/Bun 36 Chicken Salad Plate 20 California Veg 6 Turnip Greens 4 Raw Veggies w/Dip 7 Fresh Fruit Bowl 22 Chilled Fruit 17 Cherry Frudel 36 Condiments 1 Crackers 18 Low Fat Milk 11 Strwberry FF Milk 22 Vanilla FF Milk 22 Chocolate FF Milk 19	Sep - 4 Tacos Ole w/Chips 23 Corn Dog 31 Chicken Salad Plate 20 WK Corn 20 Lima Beans 22 Raw Veggies w/Dip 7 Fresh Fruit Bowl 22 Chilled Fruit 17 Condiments 1 Taco Sauce 1 Crackers 18 Juice box w/straw 21 Low Fat Milk 11 Strwberry FF Milk 22 Vanilla FF Milk 22 Chocolate FF Milk 19	Sep - 5 Chef Salad 17 Mexican Pizza 30 Chicken Salad Plate 20 Cheesy Broccoli 8 Sweet Potato FF 18 Raw Veggies w/Dip 7 Fresh Fruit Bowl 22 Chilled Fruit 17 Pudding 23 Taco Sauce 1 Ranch Dressing 5 Crackers 18 Low Fat Milk 11 Strwberry FF Milk 22 Vanilla FF Milk 22 Chocolate FF Milk 19	Sep - 6 Chicken Nuggets 16 Ham & Cheese/Bun 32 Chicken Salad Plate 20 Mashed Potatoes 16 Raw Veggies w/Dip 7 Fresh Fruit Bowl 22 Chilled Fruit 17 Whole Wheat Roll Dipping Sauce 8 Ketchup 3 Juice box w/straw 21 Crackers 18 Low Fat Milk 11 Strwberry FF Milk 22 Vanilla FF Milk 22 Chocolate FF Milk 19
Sep - 9 Beef Ravioli 31 Chix Patty/Bun 46 Tuna Salad Plate 20 Green Peas 15 Yam Patties 28 Raw Veggies w/Dip 7 Fresh Fruit Bowl 22 Chilled Fruit 17 Cornbread 35 Condiments 1 Crackers 18 Juice box w/straw 21 Low Fat Milk 11 Strwberry FF Milk 22 Vanilla FF Milk 22 Chocolate FF Milk 19	Sep - 10 Mandarin Chicken 31 Mar.MeatballsBun 38 Tuna Salad Plate 20 Stir Fried Rice 25 Steamed Broccoli 4 Raw Veggies w/Dip 7 Fresh Fruit Bowl 22 Chilled Fruit 17 Marinara Sauce 4 Crackers 18 Low Fat Milk 11 Strwberry FF Milk 22 Vanilla FF Milk 22 Chocolate FF Milk 19	Sep - 11 Spaghetti w/Meat 39 Grill Chx Sand 33 Tuna Salad Plate 20 Black-Eyed Peas 29 Creamy Coleslaw 11 Raw Veggies w/Dip 7 Fresh Fruit Bowl 22 Chilled Fruit 17 Condiments 1 Crackers 18 Juice box w/straw 21 Low Fat Milk 11 Strwberry FF Milk 22 Vanilla FF Milk 22 Chocolate FF Milk 19	Sep - 12 Grilled Chix Sal 30 Steak Fingers 18 Tuna Salad Plate 20 Tater Tots 18 Green Beans 5 Raw Veggies w/Dip 7 Fresh Fruit Bowl 22 Chilled Fruit 17 Garlic Toast 15 Condiments 1 Crackers 18 Low Fat Milk 11 Strwberry FF Milk 22 Vanilla FF Milk 22 Chocolate FF Milk 19	Sep - 13 Stuffed Crust Pizza 36 Ham & Cheese/Bun 32 Tuna Salad Plate 20 Corn 20 Raw Veggies w/Dip 7 Fresh Fruit Bowl 22 Chilled Fruit 17 Marinara Sauce 4 Crackers 18 Juice box w/straw 21 Low Fat Milk 11 Strwberry FF Milk 22 Vanilla FF Milk 22 Chocolate FF Milk 19
Sep - 16 Hot Dog 26 Chicken Spaghetti 39 Chicken Salad Plate 20 Sweet Potato FF 18 Lima Beans 22 Raw Veggies w/Dip 7 Fresh Fruit Bowl 22 Chilled Fruit 17 Garlic Toast 15 Condiments 1 Graham Crackers 16 Crackers 18 Juice box w/straw 21 Low Fat Milk 11 Strwberry FF Milk 22 Vanilla FF Milk 22 Chocolate FF Milk 19	Sep - 17 Nacho Bites 32 Philly Chicken Sand 33 Chicken Salad Plate 20 Crinkle Cut Fries 12 Raw Veggies w/Dip 7 Fresh Fruit Bowl 22 Chilled Fruit 17 Choc. Chip Muffin 26 Condiments 1 Taco Sauce 1 Crackers 18 Low Fat Milk 11 Strwberry FF Milk 22 Vanilla FF Milk 22 Chocolate FF Milk 19	Sep - 18 Chili Chz w/Chips 24 Turkey/Che/Bun 31 Chicken Salad Plate 20 Corn 20 Toss Salad w/ Drsg 7 Raw Veggies w/Dip 7 Fresh Fruit Bowl 22 Chilled Fruit 17 Condiments 1 Crackers 18 Juice box w/straw 21 Low Fat Milk 11 Strwberry FF Milk 22 Vanilla FF Milk 22 Chocolate FF Milk 19	Sep - 19 Hamburger w/ Trim 34 Chef Salad 17 Chicken Salad Plate 20 Squash 6 Cheesy Broccoli 8 Raw Veggies w/Dip 7 Fresh Fruit Bowl 22 Chilled Fruit 17 Pudding 23 Condiments 1 Crackers 18 Ranch Dressing 5 Low Fat Milk 11 Strwberry FF Milk 22 Vanilla FF Milk 22 Chocolate FF Milk 19	Sep - 20 Chicken Tenders 17 Ham & Cheese/Bun 32 Chicken Salad Plate 20 Potato Wedges 19 Turnip Greens 4 Raw Veggies w/Dip 7 Fresh Fruit Bowl 22 Chilled Fruit 17 Juice box w/straw 21 Crackers 18 Dipping Sauce 8 Ketchup 3 Low Fat Milk 11 Strwberry FF Milk 22 Vanilla FF Milk 22 Chocolate FF Milk 19

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Kosciusko School District

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 23 Chix Quesadillas 29 BBQ Pork Sand 33 Tuna Salad Plate 20 Seasoned Cabbage 6 Tater Tots 18 Raw Veggies w/Dip 7 Fresh Fruit Bowl 22 Chilled Fruit 17 Juice box w/straw 21 Salsa 2 Condiments 1 Crackers 18 Low Fat Milk 11 Strawberry FF Milk 22 Vanilla FF Milk 22 Chocolate FF Milk 19	Sep - 24 Beef Soft Taco 22 Chix Patty/Bun 46 Tuna Salad Plate 20 California Veg 6 Pinto Beans 26 Raw Veggies w/Dip 7 Fresh Fruit Bowl 22 Chilled Fruit 17 Crackers 18 Taco Sauce 1 Condiments 1 Low Fat Milk 11 Strawberry FF Milk 22 Vanilla FF Milk 22 Chocolate FF Milk 19	Sep - 25 Cheesy Chix/Rice 30 BBQ Rib Bun 45 Tuna Salad Plate 20 Green Peas 15 Corn 20 Raw Veggies w/Dip 7 Fresh Fruit Bowl 22 Chilled Fruit 17 Crackers 18 Barbecue Sauce 4 Juice box w/straw 21 Low Fat Milk 11 Strawberry FF Milk 22 Vanilla FF Milk 22 Chocolate FF Milk 19	Sep - 26 Grilled Chix Sal 32 Corn Dog 31 Tuna Salad Plate 20 Baked Beans 37 Creamy Coleslaw 11 Raw Veggies w/Dip 7 Fresh Fruit Bowl 22 Chilled Fruit 17 Crackers 18 Barbecue Sauce 4 Low Fat Milk 11 Strawberry FF Milk 22 Vanilla FF Milk 22 Chocolate FF Milk 19	Sep - 27 Pepperoni Pizza 35 Turkey/Che/Bun 31 Tuna Salad Plate 20 Crinkle Cut Fries 12 Raw Veggies w/Dip 7 Fresh Fruit Bowl 22 Chilled Fruit 17 Juice box w/straw 21 Crackers 18 Marinara Sauce 4 Ranch Dressing 8 Low Fat Milk 11 Strawberry FF Milk 22 Vanilla FF Milk 22 Chocolate FF Milk 19
Sep - 30 Chix Patty/Bun 46 Beef-A-Roni 26 Chicken Salad Plate 20 Sweet Potato FF 18 Broc & Cauli 8 Raw Veggies w/Dip 7 Fresh Fruit Bowl 22 Chilled Fruit 17 Juice box w/straw 21 Crackers 18 Condiments 1 Low Fat Milk 11 Strawberry FF Milk 22 Vanilla FF Milk 22 Chocolate FF Milk 19				

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