

March

Elementary & Middle School Menu

2016

Breakfast Includes:

✓Daily Special or Cereal Combo (cereal & string cheese)

✓Choice of Milk

✓100% Juice or Fruit

(cereal can be added to the daily special for an additional \$0.35)

Birthday Celebration on March 30th

Celebrate!

Offered daily at lunch:

Fat free white, chocolate or strawberry milk, 100% juice and baby carrots.

Yogurt Pack (yogurt/string cheese/zucchini bread) OR

Hummus Pack (Hummus/string cheese/carrots/flat bread)



Monday

Tuesday

Wednesday

Thursday

Friday

Come enjoy breakfast for \$0.75 on Tuesday, March 22nd	1	Scrambled egg, hashbrown & tortilla	2	Apple or Cherry Frudel	3	Egg & Cheese Breakfast Sandwich	4	Pillsbury Maple Mini Pancakes
		Cherry Blossom Chicken w/Brown Rice or BLT Chicken Salad or Ham & Cheese Sub Sandwich		Coach's Philly Cheesesteak or BLT Chicken Salad or Ham & Cheese Sub Sandwich		Bean & Cheese Burrito or BLT Chicken Salad or Ham & Cheese Sub Sandwich		Individual Round Cheese Pizza or BLT Chicken Salad or Ham & Cheese Sub Sandwich
		Broccoli & Cauliflower Mix Watermelon &/or Pineapple*		Oven Baked Fries Shredded Lettuce & Tomato Fresh Pear &/or Strawberry Applesauce*		Cucumber Slices & Grape Tomatoes Orange &/or Pears*		Romaine/Spring Mix Side Salad Grapes &/or Peaches*
					Early Release		Early Release	
	7		8	9	10		11	

wake up! School Breakfast

National School Breakfast Week - March 7-11, 2016

To celebrate NSBW, students are invited to eat breakfast in the cafeteria on Tuesday, March 22nd for \$0.75 for full pay students! Free & reduced students eat free everyday.

Wake up! with School Breakfast

14	15	16	17	18
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Spring Break March 7-18, 2016

March is National Nutrition Month

Happy St. Patrick's Day March 17th

SAVOR THE FLAVOR OF EATING RIGHT

21	Turkey Sausage Breakfast Bagel	22	Pancakes w/ Cinnamon Glaze	23	Egg & Cheese Breakfast Burrito	24	Maple Glazed French Toast Sticks	25	NO SCHOOL
	Chicken & Mashed Potato Bowl w/ Fresh Baked Dinner Roll or Strawberry Fields Salad or Ham & Turkey Club on Pretzel Bun		Eat Breakfast for \$0.75		Hot Dog or Strawberry Fields Salad or Ham & Turkey Club on Pretzel Bun		Stuffed Crust Cheese Pizza or Strawberry Fields Salad or Ham & Turkey Club on Pretzel Bun		March Break
	Cucumber Slices & Grape Tomatoes Watermelon &/or Mandarin Oranges*		Bean & Cheese Tostada Bowl w/Spanish Rice or Strawberry Fields Salad or Ham & Turkey Club on Pretzel Bun		Ranch Style Beans Broccoli & Cauliflower Mix Apple &/or Peach Applesauce*		Celery Sticks w/Peanut Butter Cup Grapes &/or Pineapple*		
28	Apple Cinnamon BeneFIT Bar	29	Breakfast Sandwich (sausage, cheese, roll)	30	Mini Strawberry Pancakes	31	Pancake on a Stick		Menu subject to change
	Chicken Nuggets w/ Fresh Baked Dinner Roll or Chef Salad		Cheeseburger or Chef Salad		Teriyaki Chicken w/ Brown Rice or Chef Salad		Breakfast for Lunch (Cheese Omelet & Fresh Baked Cinnamon Rolls) or Chef Salad		
	or Fruit & Yogurt Parfait or Smucker's PB&J Uncrustable		or Fruit & Yogurt Parfait or Smucker's PB&J Uncrustable		or Fruit & Yogurt Parfait or Smucker's PB&J Uncrustable		or Fruit & Yogurt Parfait or Smucker's PB&J Uncrustable		
	Ranch Style Beans Cucumber & Carrot Coins Strawberries &/or Peaches*		Baked Sweet Potato Fries Leaf Lettuce & Tomato Watermelon &/or Mandarin Oranges*		Broccoli & Cauliflower Mix Grapes &/or Peach Applesauce* Birthday Cupcake		Hashbrown Sticks Celery Sticks w/ Peanut Butter Fresh Pineapple &/or Mixed Fruit*		

*Denotes Canned Fruit Denotes Pork Denotes Vegetarian

Is your child going on a field trip???

The cafeteria can pack your sack lunch for you!! The cost is the same as you normally pay for lunch and the sack lunch includes:

Either: PB&J Uncrustable or Deli Sandwich

Baby Carrots plus an additional fresh vegetable

Fresh Fruit

100% Juice Box

Your choice of Milk

We provide Free or Reduced Priced meals for eligible students. Please call your school cafeteria for details or go to <https://family.titank12.com> to apply online.

If you have any questions, concerns or comments please feel free to contact Carol Weekly, Director of Child Nutrition at (480) 987-5983 or cweekly@qcusd.org

First day of Spring

spring

March 20th



MARCH 2ND

DR. SEUSS' BIRTHDAY

READ ACROSS

AMERICA DAY

Breakfast Prices	
Reduced Price	Regular Price
No Charge	\$1.15
	\$5.75 for 5 days
Lunch Prices	
Reduced Price	Regular Price
\$0.40	\$2.50
\$2.00 for 5 days	\$12.50 for 5 days

All sites sell a la carte items that meet strict Arizona Nutrition Standards and Healthier US School Standards. See back for prices and nutritionals.