East Catholic November Featured Menu

Proudly Presented by Navin Bros. Food Service

Date	Healthy Choice	Wraps/Salads	Hot Line	From The Grill
Tue 11/1	**Stuffed Crust Pizza**	**Spicy Chicken Salad**	**Chicken & Fries**	**Turkey Pastrami & Cheddar Panini**
Wed 11/2	**Veggie Quesadilla**	**Spicy Chicken Ranch Salad**	**Pasta w/ Meat Sauce & Roll**	**BBQ Chicken Panini**
Thurs 11/3	**Crunchy Chicken Salad**	**Cobb Salad**	**Spicy Chicken Patty on Roll w/ Fries**	**Meatlover's Calzone**
Fri 11/4	**Cheese Quesadilla**	**Chicken Caesar Salad**	**Chicken Quesadilla**	**Sriracha Ham & Cheddar Panini**

In addition to the published featured menu, the following offerings are available on a daily basis:

Manager's Choice of Additional Hot Entrees, Sandwiches, and Other Prepared Foods
Assorted Cold Salads, Wraps, & Sandwiches
Low Fat Yogurt Parfaits with Fresh Fruit and Granola
Fresh Sliced Fruit Cups as well as Whole Fruit
Fresh Vegetables with Dipping Sauce
Fresh Baked Goods

Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of foodborne illness.
If you have a food allergy, please speak to the Cafeteria Manager

East Catholic November Featured Menu

Proudly Presented by Navin Bros. Food Service

Date	Healthy Choice	Wraps/Salads	Hot Line	From The Grill
Mon 11/7	**Mandarin Orange Chicken Salad**	**Turkey/Bacon/Cheddar Wrap**	**Stuffed Shells w/ Garlic Bread**	**American Combo Wrap**
Tue 11/8	**Mary's Choice**	**Turkey BLT Wrap**	**General Tso's Chicken & Rice**	**Spicy Salami & Pepperoni Wrap**
Wed 11/9	**Veggie Wrap w/ Sweet Potato Fries**	**BBQ Chicken Salad**	**Buffalo Chicken Chunks w/ Fries**	**Turkey BLT Panini w/ Fries**
Thurs 11/10	**Mandarin Orange Chicken Salad**	**Apple Chicken Salad**	**Taco Burrito w/ Fries**	**Italian Panini w/ Fries**
Fri 11/11	**Spicy Veggie Quesadilla**	**BLT Wrap**	**Manicotti w/ Sauce & Garlic Bread**	**Taco Burrito w/ Fries**

In addition to the published featured menu, the following offerings are available on a daily basis:

Manager's Choice of Additional Hot Entrees, Sandwiches, and Other Prepared Foods
Assorted Cold Salads, Wraps, & Sandwiches
Low Fat Yogurt Parfaits with Fresh Fruit and Granola
Fresh Sliced Fruit Cups as well as Whole Fruit
Fresh Vegetables with Dipping Sauce
Fresh Baked Goods

Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of foodborne illness.

East Catholic November Featured Menu

Proudly Presented by Navin Bros. Food Service

Date	Healthy Choice	Wraps/Salads	Hot Line	From The Grill
Mon 11/14	**Garden Salad**	**BBQ Turkey Wrap**	**Sweet Chili Chicken Chunks w/ Fries**	**Taco Wrap w/ Fries**
Tue 11/15	**Mary's Choice**	**Spicy Ham & Cheese Wrap**	**Popcorn Chicken w/ Fries**	**Steak & Cheese Quesadilla**
Wed 11/16	**Apple Chicken Salad**	**Cranberry Chicken Salad**	**Meatball Grinder w/ Fries**	**Chicken Parm Panini**
Thurs 11/17	**Veggie Burger w/ Sweet Potato Fries**	**Chicken/Strawberry/Spinach Salad**	**Buffalo Chicken Wrap w/ Fries**	**Spicy Turkey/Cheese Panini**
Fri 11/18	**Spicy Veggie Quesadilla**	**Chicken/Fruit Salad**	**Orange Chicken & Rice**	**Philly Cheesesteak w/ Fries**

In addition to the published featured menu, the following offerings are available on a daily basis:

Manager's Choice of Additional Hot Entrees, Sandwiches, and Other Prepared Foods
Assorted Cold Salads, Wraps, & Sandwiches
Low Fat Yogurt Parfaits with Fresh Fruit and Granola
Fresh Sliced Fruit Cups as well as Whole Fruit
Fresh Vegetables with Dipping Sauce
Fresh Baked Goods

Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of foodborne illness.

East Catholic November Featured Menu

Proudly Presented by Navin Bros. Food Service

Date	Healthy Choice	Wraps/Salads	Hot Line	From The Grill
Mon 11/21	**Chicken Caesar Salad**	**Spicy Chili Chicken Wrap**	**Mac & Cheese w/ Bacon**	**Ham & Cheddar Wrap**
Tue 11/22	**Chicken BLT Salad**	**Spicy Chicken Wrap**	**Pasta w/ Sauce & Garlic Bread**	**Buffalo Turkey/Cheese/Bacon Wrap**
Wed 11/23	**½ Day**	**½ Day**	**½ Day**	**½ Day**
Thurs 11/24	**Thanksgiving**	**Thanksgiving**	**Thanksgiving**	**Thanksgiving**
Fri 11/25	**No School**	**No School**	**No School**	**No School**

In addition to the published featured menu, the following offerings are available on a daily basis:

Manager's Choice of Additional Hot Entrees, Sandwiches, and Other Prepared Foods
Assorted Cold Salads, Wraps, & Sandwiches
Low Fat Yogurt Parfaits with Fresh Fruit and Granola
Fresh Sliced Fruit Cups as well as Whole Fruit
Fresh Vegetables with Dipping Sauce
Fresh Baked Goods

Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of foodborne illness.
If you have a food allergy, please speak to the Cafeteria Manager

East Catholic November Featured Menu

Proudly Presented by Navin Bros. Food Service

Date	Healthy Choice	Wraps/Salads	Hot Line	From The Grill
Mon 11/28	**Tuna/Apple/Cranberry Salad**	**Chipotle Chicken Wrap**	**Hot Gog/Fries/Rings**	**Bacon Cheese Panini**
Tue 11/29	**BBQ Chicken Pizza**	**Tuna Salad**	**Bosco Sticks w/ Sauce**	**Pastrami/Swiss Melt w/ Fries**
Wed 11/30	**Vegetarian Pizza**	**Buffalo Chicken Salad**	**General Tso's Chicken w/ Rice**	/

In addition to the published featured menu, the following offerings are available on a daily basis:

Manager's Choice of Additional Hot Entrees, Sandwiches, and Other Prepared Foods
Assorted Cold Salads, Wraps, & Sandwiches
Low Fat Yogurt Parfaits with Fresh Fruit and Granola
Fresh Sliced Fruit Cups as well as Whole Fruit
Fresh Vegetables with Dipping Sauce
Fresh Baked Goods

Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of foodborne illness.
If you have a food allergy, please speak to the Cafeteria Manager.